



HEATHER HIGNITE

CONTACT

Birmingham, USA 35216

Mobile: 731-514-6176

Higniteheather@gmail.com

WWW: www.linkedin.com/in/heather-erin-hignite

WWW: www.heatherhignite.com

EDUCATION

January 2011

Occupational Therapy

University of Tennessee Health Science Center

LICENSURE & PROFESSIONAL DEVELOPMENT

- - Registered and Licensed Occupational Therapist (OTR/L)
- - Certified Integrative Dry Needling (CIDN)
- - Advanced Education in Ultrasound-Guided Dry Needling Imaging
- - CPR Certified

PROFESSIONAL SUMMARY

Occupational Therapist transitioning to Clinical Sales with over 15 years of experience providing evidence-based rehabilitation to medically complex adult patients in intensive care units, acute care, inpatient rehabilitation and skilled nursing facility settings. Skillfully experienced in treating patients with neurological, orthopedic, pulmonary, and cardiovascular conditions, including recovery following CABG, TAVR, pacemaker implantation, heart failure, and other cardiac diagnoses. Recognized for strong clinical reasoning, patient education, interdisciplinary collaboration, and relationship building with physicians and healthcare teams. Seeking to leverage extensive clinical expertise and communication skills in a Clinical Sales Specialist role supporting innovative structural heart therapies.

SKILLS

- - Complex Medical Rehabilitation
- - Cardiac Rehabilitation & Recovery
- - Neurologic Rehabilitation
- - Orthopedic Rehabilitation
- - Patient & Family Education
- - Interdisciplinary Collaboration
- - Physician Communication
- - Clinical Problem Solving
- - Evidence-Based Practice
- - Discharge Planning
- - Relationship Building
- - Adaptability & Professional Communication
- - Clinical education and patient advocacy
- - Building strong relationships with healthcare professionals
- - Presentation and communication skills
- - Clinical assessment and critical thinking
- - Ability to quickly learn new technologies and procedures
- - Commitment to improving patient outcomes

PROFESSIONAL EXPERIENCE

2021 - Current

Occupational Therapist, St. Vincent's Health System

- - Evaluate and treat medically complex adult patients in the acute care setting.

- - Develop individualized treatment plans to maximize safety, independence, and functional outcomes.
- - Collaborate with physicians, nurses, physical therapists, speech-language pathologists, respiratory therapists, and case management to coordinate patient care.
- - Educate patients and families regarding recovery, safety, adaptive strategies, and discharge recommendations.
- - Provide rehabilitation for a wide variety of diagnoses, including neurological, orthopedic, pulmonary, and cardiovascular conditions.
- - Extensive experience working with patients recovering from CABG, TAVR, pacemaker implantation, heart failure, arrhythmias, and other complex cardiac conditions.

2020 - Current

Occupational Therapist, *Encompass Health*

- - Provide occupational therapy services to adults recovering from medically complex illnesses, surgery, and injury.
- - Perform comprehensive evaluations and implement evidence-based treatment plans.
- - Collaborate with interdisciplinary teams to optimize functional outcomes and facilitate safe discharge home.
- - Treat patients with neurological, orthopedic, pulmonary, and cardiac diagnoses while emphasizing functional independence and patient-centered care.